

Aquatics Group Lesson Schedule

| Zone | Time | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-------------------|-----------------|----------------|-----------------|----------------|----------------|-----------------|-----------------|---------------------------|
| Lap Lanes | 8:00am | | | | | | Swim Team | |
| | 9:00am | | | | | | | |
| | 10:00am | | | | | | | |
| | 11:00am | | | | | | | |
| | 12:00pm | | | | | | | |
| | 3:00pm | | | | | | | H2Yoga 3:45 (1 Lane open) |
| | 4:00pm | | Swim Lessons | | Swim Lessons | | | |
| | 5:00pm | | Swim Lessons | | Swim Lessons | | | |
| | 6:00pm | | Swim Team | | Swim Team | | | |
| | 7:00pm | | Swim Lessons | | Swim Lessons | | | |
| Leisure | 8:00am | Water Aerobics | | Water Aerobics | | | Water Aerobics | |
| | 9:00am | Water Aerobics | Water Aerobics | Water Aerobics | Water Aerobics | Water in Motion | Water In Motion | |
| | 10:00am | | | | | | | |
| | 11:00am | | | | | | | |
| | 12:00pm | Water Aerobics | | Water Aerobics | | | | |
| | 1:00pm | | | | | | | |
| | 4:00pm | | Swim Lessons | | Swim Lessons | | | |
| | 5:00pm | | Swim Lessons | | Swim Lessons | | | |
| | 5:30pm | Aqua Zumba | Swim Lessons | Aqua Zumba | Swim Lessons | | | |
| | 6:00pm | | Swim Lessons | | Swim Lessons | | | |
| 6:30pm | Water In Motion | | Water in Motion | | | | | |
| 7:00pm | | Swim Lessons | | Swim Lessons | | | | |
| Catch Pool | 9:00am | | | | | | | |
| | 10:00am | | | | | | | |
| | 11:00am | | | | | | | |
| | 12:00pm | | | | | | | |
| | 4:00pm | | Swim Lessons | | Swim Lessons | | | |
| | 5:00pm | | Swim Lessons | | Swim Lessons | | | |
| | 6:00pm | | Swim Lessons | | Swim Lessons | | | |
| | 7:00pm | | Swim Lessons | | Swim Lessons | | | |
| Zero Depth | 9:00am | | | | | | Swim Lessons | |
| | 5:00pm | | | | | | | |
| | 6:00pm | | | | | | | |

Unscheduled times are considered open swim

Grayed-out times indicate no lap lanes available

* Additional fee class - register online

Group lessons occur during these dates only - Lessons use one lane when held in lap lanes

February: 2/4 - 2/27

March: 3/3 - 3/26

April: 4/7 - 4/30

May: 5/5 - 5/28